

GO DEEPER

DAILY DEVOTIONS

DAY 1: WE CAN BUST FEAR WITH PRAYER

READ - Luke 8:22-25

When the disciples were afraid, they went to Jesus for help. And what did Jesus do? He calmed the storm! This week, if you find yourself getting afraid, remember to pray to God! Jesus is more powerful than anything we are afraid of, and even though our fear may not immediately go away, when we are afraid we can trust in Him! Truly believing that our super-powerful and loving God is with us can help us find peace in the midst of the storm.

Remember: We can bust fear with prayer!

DAY 2: WE CAN BUST FEAR WITH FAITH IN GOD'S POWER

READ - Hebrews 11:1, Romans 15:13

Show me your muscles! (*encourage your child to flex a few poses*) Wow, you look so strong! Did you know God is the strongest! That means God is bigger, stronger, and more powerful than anything we are afraid of. No matter what you are afraid of - the dark, spiders, scary dreams, trying new things - you can know that our powerful God is with you. **Remember: We can bust fear with faith in God's power!**

DAY 3: FOLLOWING JESUS MEANS OBEYING GOD'S WORD

READ - Matthew 7:24-27, Psalm 119:105-106

Do you ever hear grownups say things like "Don't touch the stove - it's hot," or "Don't jump on the bed - you could fall"? They say things like this to protect you from getting hurt! God's Word does this for us too! You may not always know what to do, but you can count on God's Word to help tell you how to make good choices. But to obey God's Word, you need to read it and obey it. **Remember: Following Jesus means obeying God's Word!**

DAY 4: FOLLOWING JESUS MEANS FORGIVING OTHERS

READ - Matthew 18:21-35, Ephesians 4:32

If we love Jesus and want to do what He says, then we need to forgive people who do wrong to us or who hurt us. Forgiveness means that we do not stay angry when somebody hurts us. Instead, we give them another chance, even if we feel like they don't deserve it. It can be really hard to forgive sometimes, like when your friend calls you a mean name - you may just want to call them a mean name back! But God wants us to always forgive, no matter what. **Remember: Following Jesus means forgiving others!**

Day 5: GOD IS LORD OF ALL

READ - Genesis 1:1, Mark 4:37-41, Mark 2:10-12, Mark 16:6

Who has power over wind, waves, sin, and even death? God! We see God's power in creation, we see God's power when He calmed the storm, we see God's power when Jesus forgave sins and healed the sick, and we see God's power when Jesus died on the cross to pay for our sins and then came back to life! God is able to do anything and everything. **Remember: God is Lord of all!**



CUDDLE CLOSE

Before bed pull your child close beside you and say, "I can count on God because He is Lord of all!" As you tuck them into bed, sing, "My God is Number One" (www.tinyurl.com/myGodis1). Then pray together, pausing after each phrase, to let your child repeat after you:

Dear God, Thank you for having a plan for my life. Help me to learn more about you. You are Lord of all. In Jesus' name, Amen.



LIGHT IT UP WORSHIP

Materials: glow baton, 2 paper cups, beans or rice, tape

When feeling afraid, one of the best things to do is praise God! When we praise God, that moves us from a place of fear to a place of worship! Read Psalm 98, then create a praise shaker.

Take two disposable cups, decorate the outside of the cups with markers and then fill one cup about 1/4 full with dried beans/rice. Use tape to secure the cups together, rim to rim.

Once your shaker is ready, take your shaker and glow baton to a dark room. Turn on your glow baton, shake your shaker, dance and sing praises to God. God's power is greater than darkness or fear. For some great praise party music, go to: <https://tinyurl.com/brkidsplaylist>



WASHED CLEAN

Materials: bar of soap, marker

This is a great bath time activity! Open the bar of soap and grab a marker. This bar of soap represents your heart. Think about different wrong things, or sins, you have done. For each sin you think of either write the words on your soap or draw dark spots so that it is covered with "sin".

Our sins stain our hearts and the only way to clean our hearts is to ask Jesus for forgiveness.

Take your bar of soap to the bathroom. Watch as the water removes the marker just like Jesus wants us to allow Him to wash our hearts clean.



GOD IS LORD OF ALL

Materials: modeling clay or playdough

Modeling clay can be anything you want it to be. You can make an animal, or a person, or a house. You can craft it with your hands, or you can use tools. You can bake it and harden it in an oven to become a permanent masterpiece, or you can squash it and start all over again! The only limit to modeling clay is your imagination. If you can dream it up, you can create it.

I can't help thinking that's exactly how God made our world. God had a plan to create a beautiful place with light and dark, water and land and sea, plants and fish, and birds and animals. And let's not forget people! Our God is a creative God. As you create your own masterpiece with the clay, thank God for the amazing world He made, and for giving us imagination as well. God created all and is Lord of all!